

# Hero Packs

## Give the House a Hero Pack

Donating a House Hero Pack is a quick and easy way to give the House the items we need the most. Some are gifts that we would pass on to the children and families staying with us, while others are for ongoing supplies that we need in the House. We accept only NEW and UNUSED items. If you have something else in mind that is not on our list, please contact us first and we'll let you know if it is something our families/we can use.

How it works:

1. Select and sign up for a House Hero Pack by calling the House or our Family Room.
2. Download a **flyer** to share the word with your friends and colleagues.
3. Purchase the items at the store.
4. Label with the **Hero Tags** so we know who donated the gift and can properly thank you/your group.
5. Drop off at Ronald McDonald House or our Family Room.

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### Seasonal Packs

#### Summer Fun Pack

Movie passes  
Tickets to local museums or tours  
Day passes for Dalplex  
Day passes for YMCA  
Local restaurant certificates  
Cool treat certificates

#### Fall Umbrella Pack

3 adult umbrellas  
3 child umbrellas

#### Winter Pack

Adult mittens  
Child/Teen mittens  
Winter hats  
Winter scarves

### Household Packs

#### Plastic Pack

1 50 count Ziploc sandwich bags  
1 25 count Ziploc gallon size bags  
1 box Ziploc gallon size freezer bags  
1 package of reusable Ziploc containers

#### Light Pack

2 4-pack energy saving lightbulbs  
2 flashlights  
1 child size flashlight

#### Bed Pack

1 queen size mattress pad cover  
2 standard size pillows



Helping give sick kids what they need most... **their families**

# Hero Packs

## Children Packs

### Teen Pack

1 boy item (wallet, sports items, music, books, etc)  
1 girl item (diary, book, fingernail polish, hair accessory, etc)  
1 game (non-electronic)  
1 movie

### Toy Pack

Appropriate toys for:  
Infant  
Toddler  
Preschool  
Early Elementary

## Toiletry

### Dental pack

4 adult toothbrushes  
2 child toothbrushes  
4 travel size toothpaste tubes  
2 floss

### Toiletry Pack

2 travel size deodorants . men  
2 travel size deodorants . ladies  
2 travel size shaving creams  
2 travel size shampoos  
2 travel size conditioners

### Comfort Pack

1 medium size bubble bath  
2 pkgs of bath salts  
1 new hair brush  
1 package hair elastics/accessories

## Food

### PBJ Pack

2 med. jars crunchy peanut butter  
2 med. jars creamy peanut butter  
2 med. jars honey  
2 med. jars jam

### Salty Snack Pack

1 box of crackers  
1 box of potato chip (variety pack)  
1 box of granola bars

### Sweet Snack Pack

1 box of fruit chew snacks  
Individually wrapped Rice Krispies treats  
1 box of Teddy Grahams  
1 jar of honey roasted nuts

### Sweetener Pack

1 bag brown sugar  
1 5-lb. bag white sugar  
1 bag icing sugar

### Baker's Sweet Pack

2 bags chocolate chips  
1 bag crushed nuts  
1 jar cinnamon powder  
1 bottle vanilla or vanilla extract  
1 cake mix or brownie mix

### Basic Baker's Pack

1 large box Bisquick or similar  
1 5-lb. bag flour  
1 medium bottle vegetable oil  
1 box baking soda  
1 box baking powder

### Breakfast (Cold) Pack

1 box granola bars  
3 boxes cold cereal  
1 package prepared muffins

### Breakfast (Hot) Pack

3 bags oatmeal or other hot cereal (assorted)  
2 boxes pancake mix  
2 dozen eggs  
1 syrup

### Canned Pack

6 cans fruit  
6 cans vegetables  
4 cans soup

### Chili Pack

4 28 oz can whole tomatoes  
2 cans tomato sauce  
4 cans chili (not spicy)  
4 cans kidney beans  
2 cans tomato paste